

-H/EART.H SOUPS-

- Roasted Sweet Corn and Cherry Tomatoes Cream, Roasted Bell Paprika, Basilicum

Garlic Croutons-

- Roasted Sweet Potatoes Cream, Paprika Chips & Avocado Cubes Green-

- Curry Coconut Cauliflower Cream, Tofu & Coriander-

- Lentils, Potatoes, Sundried Tomatoes and Spinach Leaves-

Medium €5,50

Large €7,50

Extra Croutons €0,50

-H/EART.H PASTA-

(OUR FRESH, HANDMADE VEGAN PASTA)

- Handmade Tagliatelle with Pesto of Basil, Cashews & Coconut Milk -€12

- Handmade Guacamole Gnocchi with Tomato & Black Beans sauce and Corn Dots-
€15

- Vegan Japanese "Flags" made of Wasabi Dough filled with Shiitake Mushrooms,
Homemade Teriyaki Sauce & Taugé €18

Heart Shaped Pasta filled with Bell Pepper, Zucchini & Eggplant with Potato Velouté &
Parsley Compote €14

-H/EART.H SPECIALS-

- Zucchini Boat with Marinated Spelt, Tomatoes, Choggia Beet, Radish, Pomegranate &
Homemade Guacamole- €12

Vegan Sushi

Build your own on the bed of: Black Quinoa or Paella

Pick two main filling: Tofu/Avocado/Courgette/Paprika/Tomato

Accompanied by Spring Onions or Caramelized Onions

Topped by Wasabi Mayo, Aioli or Guacamole

Roll €10 (6pcs)

-H/EART.H SANDWICHES-

- Salted Broccoli Sauce, Marinated Potatoes & Vegan Aioli - €7
- Sun-dried Tomatoes, Mascarpone & Mixed Salad - €6

-H/EART.H TIRAMISU-

- Our Classic- €4
- Limoncello & Pistachio Crumbles Tiramisu- €5
- Matcha & White Chocolate Tiramisu- €6
- Apple & Cookie Crumble Tiramisu - €5
- Our Classic Vegan- €5
- Vegan Black Berries and Dark Chocolate Tiramisu - €6

-H/EART.H FRUIT SMOOTHIES-

- Fresh Boost€4
Banana, Pineapple, Spinach & Coconut Milk
- Berries Boogie€4
Black Berries, Banana, White Chocolate & Almond Milk
- Autumn Tale €4
Apple, Pear, Ginger, Vanilla & Cinnamon

-H/EART.H DRINKS-

-Soft Drinks-

- Earth Water (Still and Sparkling) €2,00
- Ginger Beer Bundaberg €3,50
- Bos Organic Ice Tea Lime & Ginger €3,00
- Walden Organic Ice Tea €3,00
(Lemon & Lemongrass or Peach & Jasmine)
- Charlie's Natural Soda - Orange Mandarin and Mint €3,20
- Dr. Antonio Martins Coconut Water and Thai Mango €4,20
- Schulp Biologic Apple & Pear Juice €3,00

Hot Coffee-

Espresso Italiano €2,00

Double Espresso €3,20

Caffe Americano €2,00

Cappuccino €2,50

Caffe Latte €2,50

-Tea Bar-

Iced Tea : Funky Fruit Bio (Sencha, Lemon, Strawberry)

OR

Sweet Mango (Ananas, Mango, Orange) €3,50

Mint or Ginger Tea €2,00

Matcha Tea with Coconut- Almond Milk €4,00

Green Energy €3

Green Tea, Ginseng Root, Passion Pit, Safflower Blossom Aromas

White Wonder €3,00

White Tea, Raspberry, Gojiberries, Blackberries, Rosepedal Aroma

Lemon Chai €3,00

*Cinnamon, Lemongrass, Coconut, Sugared Pineapple, Ginger, Cardamom, Black Pepper, Pink Pepper, Clove
aroma*

Amsterdam Blend €3,00

Zwarte Thee, Kaneel, Kruidvigel, Vanille Aroma



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